# 2018-2019 Snack Guidelines
## Scotland Elementary

### WHY ARE WE DOING THIS?
We want to minimize the risks to our students with allergies and maximize the health of ALL of our students at Scotland Elementary School!

<table>
<thead>
<tr>
<th>Holidays, birthdays, and other special occasions:</th>
<th>WHAT ARE WE DOING?</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Non-food items are <strong>STRONGLY ENCOURAGED!</strong></td>
<td>✓ Opening the conversation about food in schools through a committee involving parents, teachers, nurses, and cafeteria staff</td>
</tr>
<tr>
<td>• Goody bags and non-food items will be distributed at the end of the day to be taken home.</td>
<td>✓ Continuing a building-wide policy on appropriate snacks in compliance with the new district-policy.</td>
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<tr>
<td>• Food items may be ordered through the cafeteria to be served with lunch, if desired.</td>
<td>✓ Encouraging non-food items for birthdays, holidays, and other special occasions</td>
</tr>
</tbody>
</table>

### Snacks:
- Classroom teachers will decide whether or not to have snacks in the classroom throughout the day based on schedule and need.
- IF snacks are permitted, parents may send in an approved snack in their child’s book bag, separate from lunch, to avoid contamination of allergens in the classroom and to keep all students safe.
- Snacks should be able to be consumed independently (i.e. without help from teacher, staff, or other students to prep).

### APPROVED SNACKS:
- ANY fresh fruit or vegetable

### NOT APPROVED:
- NO processed fruits or vegetables (i.e. applesauce, fruit cups, fruit roll-ups, etc)