

7th Grade – Cyberbullying Enrichment Activity

Special Note:

This assignment is also in Mrs. Knepper's Enrichment and Support Google Classroom.

If you need the class code, please send me an email and I will add you to the Google Classroom.

stacey.knepper@casdonline.org

<https://docs.google.com/presentation/d/1tFzD-py64LDbNH4qnBm8A6F5gAAI-SrNwSa2tmxBpyQ/edit?usp=sharing>

Cyberbullying is bullying that takes place using electronic technology. Electronic technology includes devices and equipment such as cell phones, computers, and tablets as well as communication tools including social media sites, text messages, chats, and websites.

Examples of cyberbullying include mean text messages or emails, rumors sent by email or posted on social networking sites, and embarrassing pictures, videos, websites, or fake profiles.

Upstander - An up stander is someone who helps when they see cyberbullying occur.

Qualities associated with an upstander:

- Is not directly involved in the cyberbullying incident, but steps in to help anyway.
- Empathizes with the targets of cyberbullying, letting them know that they care and are listening.
- Does not spread rumors or go along with cyberbullies because of peer pressure, and may even tell the cyberbully to stop.
- Encourages the target to tell a trusted adult about the situation.

Empathy - To imagine the feelings that someone else is experiencing.

Why do you think it might be important to try to empathize with others?

Bystander - A bystander is someone who sees cyberbullying happening, but does nothing to help.

Cyberbullying Scenario Kevin and Jose

Kevin sends his friend José a short video he made at home, a reenactment of a famous fantasy movie scene. José, laughing at how Kevin looks, shows it to another boy, Max, at school. Max laughs at Kevin, too, and then decides to post it on a video-sharing website. Hundreds of people then view Kevin's video. Many nasty comments are posted. Every day, Kevin goes online to check the site and sees more comments like "idiot" and "fat nerd." Every day, he goes to school and hears similar cruel comments from some of his classmates. No adults know about the situation, not even Kevin's parents. One teacher at school overhears the boys laughing about the video but isn't sure what they're talking about.

Kevin le envía a su amigo José un video corto que hizo en casa, recreando una escena de una famosa película de fantasía. José se ríe de cómo se ve Kevin y se lo muestra a Max, un compañero de la escuela. Max también se ríe de Kevin y luego decide publicar el video en un sitio web de videos. Cientos de personas ven el video de Kevin. Muchos publican comentarios desagradables. A diario Kevin se conecta a internet para entrar en el sitio web y ve más comentarios como "idiota" y "nerd gordo". También a diario en la escuela escucha comentarios crueles de

algunos de sus compañeros de clase. Ningún adulto se ha enterado de esta situación, ni siquiera los padres de Kevin. Un maestro de la escuela escucha a los niños reírse del video, pero no está seguro de qué hablan.

For the next four activities, you will take on the viewpoint of a different person from the scenario: José, Max, the teacher who overheard the boys laughing, and one of Kevin's parents. From that person's perspective, complete the columns in the tables that follow.

Cada persona de tu grupo debe asumir un punto de vista diferente en esta situación: el de José, el de Max, el del maestro que escuchó a los niños riendo, o el del papá o la mamá de Kevin. Escribe el punto de vista que vas a asumir. Luego, en base a ese punto de vista, completa las columnas de la tabla. Cuando todos hayan terminado, compartirán lo que han escrito.

Jose

<i>I acted the way I did because ...</i>	<i>One thing I could've done differently was ...</i>	<i>Something that might've stopped me from doing something differently was ...</i>

<i>Actué de la manera en que lo hice porque ...</i>	<i>Una cosa que pude haber hecho de manera diferente fue...</i>	<i>Algo que pudo haber impedido que yo actuara de manera diferente fue...</i>

Max

<i>I acted the way I did because ...</i>	<i>One thing I could've done differently was ...</i>	<i>Something that might've stopped me from doing something differently was ...</i>

<i>Actué de la manera en que lo hice porque ...</i>	<i>Una cosa que pude haber hecho de manera diferente fue...</i>	<i>Algo que pudo haber impedido que yo actuara de manera diferente fue...</i>

The Teacher Who Overheard The Boys Laughing

<i>I acted the way I did because ...</i>	<i>One thing I could've done differently was ...</i>	<i>Something that might've stopped me from doing something differently was ...</i>

<i>Actué de la manera en que lo hice porque ...</i>	<i>Una cosa que pude haber hecho de manera diferente fue...</i>	<i>Algo que pudo haber impedido que yo actuara de manera diferente fue...</i>

One of Kevin's Parents

<i>I acted the way I did because ...</i>	<i>One thing I could've done differently was ...</i>	<i>Something that might've stopped me from doing something differently was ...</i>

<i>Actué de la manera en que lo hice porque ...</i>	<i>Una cosa que pude haber hecho de manera diferente fue...</i>	<i>Algo que pudo haber impedido que yo actuara de manera diferente fue...</i>

Cyberbullying Scenario #2 - Mia

Mia is going through her Instagram feed. She sees that her friend Tess has posted a photo with her where they're both making funny faces while eating frozen yogurt. Mia also sees that people they go to school with have commented on the picture.

"OMG lay off the sweets, fatty"

"Sooooo lame"

"Looks pretty dumb for someone whos supposed to be so smart"

"What is she wearing?"

María está revisando su cuenta de Instagram y ve que su amiga Tess ha publicado una foto de ella y Tess haciendo caras graciosas mientras comen helado de yogur. María también ve que sus compañeros de escuela han comentado sobre la foto.

"Queeeeeee"

"Deja de comer tantos dulces, gordita"

Se cree muy lista, pero es una tonta"

Jajaja, ¿qué ll

Question #1: Imagine you are a friend of Mia and Tess, and you see the picture and comments on Instagram.

What could you do to be an upstander?

Imagina que eres amigo(a) de María y Tess, y ves la foto y los comentarios en Instagram. ¿Qué podrías hacer para ser un(a) aliado(a) o un(a) defensor(a)?

Question #2: What challenges might there be to doing the actions you describe above? How could you address those challenges? Are there alternative actions you could take?

¿Qué desafíos ves a la hora de realizar las acciones que describiste? ¿Cómo podrías superar esos desafíos?
¿Hay otras acciones que podrías tomar?

Cyberbullying Poster

Choose a theme that is anti-bully in nature or that promotes positive relationships. Think of something deep and profound. Do NOT use titles that are just “Cyberbullying” or “Stop Cyberbullying.” Come up with a slogan and a picture to go with it.

You do not have to use these examples, but here are some possible ideas that you can expand on:

- Bully Free Zone
- Friend vs. Bully
- Kindness Counts
- Be a Good Person
- Think Before you Post
- Netiquette

Poster Requirements – NO - TECHNOLOGY

- Create a one page poster on a piece of paper.
- You must include a **Title** or slogan/saying that identifies with cyberbullying.
- At least one picture that helps the audience to understand a cyberbullying issue.
- Define cyberbullying
 - You can give examples of what cyberbullying looks like
 - Present it in a way people are able to quickly read it (list or bullet points)
- Share what to do if you are being cyberbullied
- Share how to prevent being cyberbullied
 - You can create a set of rules to live by
 - Or give a list of the do's and don'ts

Poster Requirements – YES – TECHNOLOGY

- Create a one page poster in Google Slides or Microsoft Word.
- You must include a **Title** or slogan and/or saying that identifies with cyberbullying.
- At least one picture that helps the audience to understand a cyberbullying issue.
 - You must cite your picture from the Internet.
- Define cyberbullying
 - You can give examples of what cyberbullying looks like
 - Present it in a way people are able to quickly read it (list or bullet points)
- Share what to do if you are being cyberbullied
- Share how to prevent being cyberbullied
 - You can create a set of rules to live by
 - Or give a list of the do's and don'ts